



WEST AUCKLAND BUSINESS

proudly supporting your West Auckland community

- **Front Cover Feature**
NZ Police in our Community
- **Business Reboot 2020**
Business Advisory Partnership with CPHBA
- **Lifestyle - Gardening/Wellbeing**
Kings Plant Barn and Waitakere i-Medical Centre

brought to you by



West Liquor

**SAVE TIME
SHOP
ONLINE**



FREE DELIVERY WHEN YOU SPEND OVER \$100

SHOP.THETRUSTS.CO.NZ

IN THIS ISSUE

- 4 CHAIRS REPORT**
KELVIN ARMSTRONG
- 6 BUSINESS AFTER 5 (BA5) REPORT**
BUSINESS NETWORKING OPPORTUNITIES
- 7 NZ POLICE IN OUR COMMUNITY**
NEGIN SHADEMAN & GREG WILSON
- 11 GETTING IT DONE!**
TRADIE'S CORNER
- 12 BUSINESS 2020 REBOOT**
BUSINESS ADVISORY PARTNERSHIP
WITH CPHBA
- 14 RAY WHITE UNIVERSAL**
THE COMPLETE REAL ESTATE EXPERIENCE
- 16 WELLBEING OVER THE WINTER**
WHAT IS THE DIFFERENCE BETWEEN A COLD,
THE FLU AND COVID-19?
- 17 YOUR MONTHLY CHECKLIST**
WITH KINGS PLANT BARN
- 18 TROPICAL ISLAND ESCAPES**
WITH HELLOWORLD TRAVEL HENDERSON
- 21 RECIPE FROM THE GROUNDS**
POTATO GNOCCHI WITH MARINARA SAUCE
AND FRESH MOZZARELLA
- 23 BUSINESS SECURITY**
DOES YOUR BUSINESS HAVE
A SECURITY PLAN?
- 24 THE GOOD HOME LINCOLN ROAD...**
... IS GOOD FOR BUSINESS
- 25 COMMUNITY CHARITIES**
STRUGGLING TO PAY POWER & RENT
- 26 WEST CITY MITSUBISHI**
NEW SHOWROOM NOW OPEN

Cover: Photography by LFHQ Studios

INFORMATION: ADVERTISING AND PUBLISHING

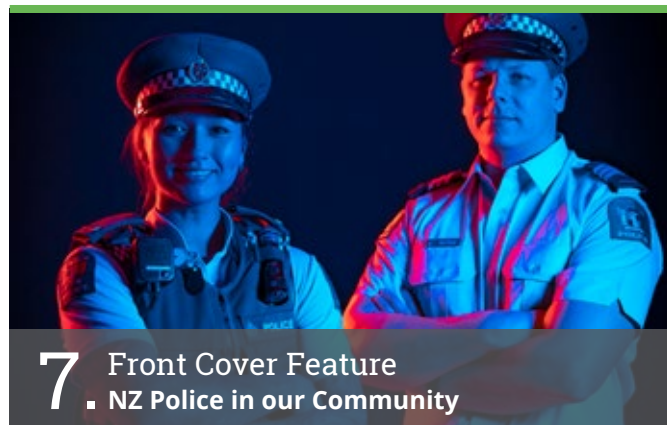
Garry Bates, Business Development
Mobile: 0274 904 260
E: garry@cphb.org.nz
W: westaucklandbusiness.co.nz/CPHBusiness/magazine

West Business magazine is produced by the Central Park Henderson Business Association Inc. (CPHBA). 3000 copies are distributed free to approximately 1600+ businesses in the Henderson-Massey Local Board business precincts, not including magazine stands in 'high traffic visitor' businesses.

Disclaimer – The views, editorial, and opinions expressed in this magazine belong solely to the author/contributor, and not necessarily to the CPHBA, West Auckland Business Club or other group or individual. All content in this magazine may be subject to copyright and should not be reproduced in any form without express written consent of the CPHBA.



WABC – @WestAKLBusinessClub
CPHB – @CPHBusiness



7 Front Cover Feature
NZ Police in our Community



18 Tropical Island Escapes
With helloworld Travel Henderson



26 WEST CITY MITSUBISHI
New Showroom now open

www.westaucklandbusiness.co.nz

CENTRAL PARK HENDERSON BUSINESS:

MEMBERSHIP ENQUIRIES
Phone: +64 2 74 904 260
133A Central Park Drive, Henderson, Auckland
P.O. Box 69-126 Glendene, Henderson, Auckland 0645



equipment CO₂ neutral
HEIDELBERG



CHAIRS REPORT

Time to celebrate as a community, yes! after 5 years and a second go at the CPHBA Business Improvement District (BID) creation, we have success.

For our supporters I would like to thank you, for the opposers I can only hope that we overtime, will prove to you the value of what the BID will bring to our Business Community.

Now all the initial hard work has been completed we are shifting into the next phase, to progress with some welcoming tweaks to our CPHBA operation, namely taking some pressure off our volunteer committee, build our team, cement our plan into actions, and tick some positive boxes in this 'post' Covid environment.

The turning point for the BID was the overwhelming support the association had to achieve success. Even though the voting timeline was critically affected by us all either closing our businesses and/or preparing for the impending impact that C-19 brought to us, the BID still received a strong mandate.

It's more important now, that as a business precinct, we are on an even keel with the other Auckland areas. Our BID, being number 50 (in Auckland) is one of the larger Business Districts in NZ! Our 'West' culture will prevail.

Since May we have caught up with our Local Board representatives; Chris Carter (Chair) and Brook Loader, cementing the connection with our new elected members. We're looking forward to the opportunity to lobby for our businesses, and the ongoing foundation.

Those attending our BA5 events will be well aware of Brook and fellow local board members, our Councillor's (Cooper & Henderson) their commitment and engagement for the betterment of the West Auckland Business community.



KELVIN ARMSTRONG

Come along to our events, the next one is 19 August at Tristram European. Though it's likely the event will be full to capacity by the time of print. These events are popular and often oversubscribed; focused on networking, careful selection of hosts, with refreshments to ensure you will feel welcome.

We all recognise since the C-19 changes in our world - 'back to normal' is not a term many of us can use, the environment is different for all of us. Some more challenging than others and it's quite obvious this is not going away anytime soon.

One thing is for certain we are all working on our plans to map our way to survive and succeed through this challenging environment. It's important to have a support network of fellow business owners, it only takes a few moments to ask, "How is it going" knowing you/we are not alone.

If you're having challenges or know someone who is, reach out.

.....
KELVIN ARMSTRONG, CHAIRPERSON CPHBA
kelvin@kaar.co.nz - 021 828 008



Beterly Pan BCom 国粤英
COMMERCIAL & INDUSTRIAL

Bayleys Real Estate Ltd Northwest
Licensed under the REAA 2008

beterly.pan@bayleys.co.nz
Mob : 021 139 2228
Office : 09 953 4740





"Your business partner in the West"
Nick Thompson | Business Partner
North West Auckland | BNZ Partners



BNZ Partners Business Centre, 373 Great North Road, Henderson, Auckland
DDI. +64 9 835 1703 | M. +64 21 246 9129 | E. nick_thompson@bnz.co.nz



Honouring Lives for Generations

We've delivered personalised goodbyes for over 80 years. Thank you West Auckland, for your trust in us.



**Davis
Funerals**

150 Central Park Drive, Henderson | 09 835 3557 | office@davisfunerals.co.nz

DRAKE
NEW ZEALAND

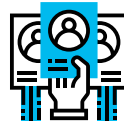
LOOKING FOR TALENT IN 2020?

Call 0800 840 940

Drake Henderson has been helping to connect businesses with the best talent since 1971. Whether you are searching for a new role, or great staff, contact Drake today!



**PERMANENT
RECRUITMENT**



**FLEXIBLE
STAFFING**



**UNBUNDLED
RECRUITMENT**



**P3 BEHAVIOURAL
ASSESSMENTS**

6/8 Pioneer Street, Henderson

nz.drakeintl.com

[in /company/drakenz/](https://www.linkedin.com/company/drakenz/)

[f /drakewestauckland/](https://www.facebook.com/drakewestauckland/)

**COMING
SOON**
2020 MITSUBISHI
EXPRESS VAN

Diesel Turbo in Automatic or Manual, safety features like ABS, traction control, airbags and much more - making it a perfect office on the go.

ORDER NOW
starting from
\$39,990 ORC
5yr Finance with 10% deposit
\$170 per week GST inc.



2020 MITSUBISHI
TRITON
BLACK EDITION
4WD AUTO

Factory Fitted Body Kit, Black Grille & Alloys
3.5 ton towing

\$39,990 ORC + GST
5yr Finance with 10% deposit
\$202 per week GST inc.



2020 SUZUKI IGNIS LTD AUTO

Sat Nav with reverse camera
Apple CarPlay® & AndroidAuto™
LED daytime running lamps

\$24,490 ORC
5yr Finance with \$0 deposit @ 3.9% - \$111 per week GST inc



2020 SUZUKI SWIFT GL AUTO

Touchscreen Sat Nav with reverse camera
Bluetooth® handsfree connectivity
LED daytime running lamps

\$21,990 ORC
5yr Finance with \$0 deposit @ 3.9% - \$98 per week GST inc



2020 KIA SELTOS 5-SEATER SUV

5 Year / 100,000Kms Warranty • 5 Year Roadside Assist
3 year / 45,000km Service Plan (Exclude LX & LX S Model)
4 Year / 60,000Kms Kia Confidence Finance Term
10% Deposit, From \$94 per week

FROM **\$27,990** SRPP+ ORC



2020 KIA SPORTAGE 5-SEATER SUV

5 Year / 100,000Kms Warranty • 5 Year Roadside Assist
3 year / 45,000km Service Plan (Exclude LX Urban model)
4 Year / 60,000Kms Kia Confidence Finance Term
10% Deposit, From \$109 per week

FROM **\$29,990** SRPP+ ORC



Mitsubishi Terms & Conditions* On Road Costs include registration, WOF, 1,000km road user charges and a full tank of fuel and are paid when vehicle is driven away. 3.5 tonne towing is only possible with a 3-salo braked trailer, towball vertical load of no greater than 4% and an approved M/MANZ towbar. Model shown with optional accessories available at additional cost. Visit mitsubishi.co.nz for full Diamond Advantage warranty conditions. Fixed interest rate of 8.95% p.a. applies with a 5 year term and 10% deposit. Offer available until 31 August 2020 at West City Suzuki or while stocks last. Not available with any other offer.

Suzuki Terms & Conditions* Weekly payments based on a nil deposit, 3.9% p.a. interest rate and 5 year term with UOC finance. On payment of on-road costs to the Dealer (ORC of \$990 which includes Pre-Delivery Inspection, WOF, Wheels Alignment, Mats, Full Tank Fuel & Initial registration), finance payments include a \$325 documentation fee and \$10.35 PPSR fee. Normal lending and credit criteria apply. Offer available 1-30 August 2020. Excludes Jimmy, Fleet purchases, demo vehicles and all other promotions. Real Value 3 year/100,000 km comprehensive warranty, 5 year/100,000 km powertrain warranty, PLUS a full 5 year roadside assistance plan Heartland Bank lending criteria, T's & C's apply, including a \$252 establishment fee and \$10.35 PPSR fee. Fixed interest rate of 8.95% p.a. applies. Offer available until 31 August 2020 at West City Suzuki or while stocks last. Not available with any other offer.

Kia Confidence Terms and Conditions* ORC of \$990 which includes Pre-Delivery Inspection, WOF, Wheels Alignment, Mats, Full Tank Fuel & Initial registration. With the Confidence offer, at the end of the term you can choose to keep the car, by paying the Guaranteed Future Value, trade it or return it (subject to T&Cs and excess charges). Offer excludes on road costs, Kia Financial Services is provided by Heartland Bank, Heartland Bank lending criteria, T's & C's apply, including a \$252 establishment fee and \$10.35 PPSR fee. Fixed interest rate of 8.95% p.a. applies. Offer available until 31 August 2020 at West City Kia or while stocks last. Not available with any other offer. See kia.co.nz for details.

West City



West City



West City



130-134 CENTRAL PARK DRIVE, HENDERSON PHONE 837 0907

49 NORTHSIDE DRIVE, WESTGATE PHONE 837 0907

www.westcityautogroup.co.nz

BA5 REPORT

The West Auckland Business Club (WABC) produces the Business after 5 (BA5) as the event and networking subsidiary of Central Park Henderson Business Association (CPHBA).

Hosts confirmed for September are National Mini Storage Hobsonville.

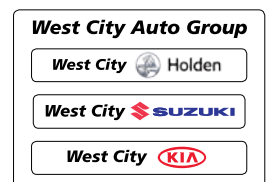
Mitre 10 MEGA is booked for October and Bayleys Northwest for November.

The BA5 has a wonderful group of sponsors who are passionate about West business and making a difference in our community – Please return their support and SHOP LOCAL.

Pictured; At the last BA5 hosted by Ray White Universal.



BA5 SUPPORTING SPONSORS





NZ POLICE IN OUR COMMUNITY

Community Constable Negin Shademan and Youth and Communities Manager Acting Senior Sergeant Greg Wilson.

Keeping the Henderson community safe, and working with partner agencies, local businesses, stakeholders, and residents to ensure it is a safe place for all, is a top priority for Henderson Community Constable Negin Shademan and Youth and Communities Manager Acting Senior Sergeant Greg Wilson.

Greg has spent more than 14 years working in the Waitematā District in various roles including on the front line. More recently, he's been involved in various community based roles.

Living and working in West Auckland, he knows the community well.

"It's an ever changing environment with varying pressures and having a day to day understanding of the issues that really matter to our people is vitally important," he says.

Now relieving in the Youth and Community manager's role for the Waitematā West area, Greg says he feels local Police have really become part of the community, involved in multiple initiatives to ensure it is a safe and a thriving place for all.

"West is best, it's an old saying but still relevant today.

I've found that people in West Auckland really are an eclectic bunch of genuine people with big hearts. As with any other CBD or town centre we have issues as well, but the biggest difference here is we have a lot of really engaged, realistic and passionate people striving to make things better."

He says there's no magic trick or single initiative that will solve everything at once, and acknowledges there's still work to do.

Greg says Police are committed to preventing crime in the Henderson and wider West Auckland community.

"If we can prevent a



Greg Wilson

crime rather than responding to one that has already occurred, it will reduce victimisation of people in our community and ensure they feel safe, and are safe."

Over the years there have been a number different approaches and plans undertaken by Police and local agencies, many very successful.

We all have learnt there is no quick fix solution to this, several initiatives, supported by agencies, Auckland Council, Henderson-Massey Local Board (HMLB), Central Park Henderson Business (CPHBA) and the wider community working together towards a thriving, vibrant Henderson Town centre.

"Whilst we all have the same goal in mind of making Henderson safer, we also need to be guided by what the local community actually wants to see happen," Greg says.

"While Police have a role to play in our communities, we certainly aren't in this alone. Police will continue to work in partnership with a number of stakeholders, including the Business Association, Salvation Army, Auckland Transport, Auckland Council, numerous businesses and HMLB."

For community constable Negin Shademan being out

and about with the community is her bread and butter.

Negin is a regular face in the Henderson CBD. She's passionate about what she does and has really thrown herself into the job.

"We are out there every day liaising with the general public, business owners and our vulnerable people. This certainly isn't a job you can do at any less than full speed, I love it," she says.

Having taken up the role last year and with a few years' experience as a front line officer prior, Negin says



Negin Shademan



Acting Sergeant Alex Waworis with Constable Negin at a planning meeting.



CPNZ at last year's Kumeu Show

Advertise your business here!

for details contact:

**Garry - 027 490 4260 or
garry@cphb.org.nz**

 **CentralPark
HendersonBusiness**






**GINAJANSEN
LAWYERS**

Ph 0800 544 508

P. 09 869 5820 M. 021 544623

E. gina@ginajansen.co.nz

W. www.ginajansen.co.nz   

A. 9C Moselle Ave, Henderson, Auckland 0610



PROPERTY • COMMERCIAL • TAX DEBT • TRUSTS & ESTATES



ensuring people feel they can approach her and know she's there to help is key.

"We hope that as Henderson and West Auckland residents will start to see some tangible results from our collaborative work with the local community, which will lead to people feeling safe."

We have had some very positive feedback from the public and business owners in the CBD already, which is pleasing to hear," she says.

Both Greg and Negin say the selfless efforts of volunteers such as the Pacific Wardens, Neighbourhood Support and Local Community Patrols (CPNZ), who do regular patrols, reporting and deterring crime in Henderson's business precinct, also go a long way to making people feel safe.

"CPNZ volunteer patrollers by way of example are rostered to work in pairs and give as many hours as their schedule will allow, regularly liaising with community constables for direction, they are an invaluable asset to the area," Negin says.



"With their help we can also continue our work to help tackle some of the long term issues and emerging trends in the area over the past few years,



Inspector Matthew Laurenson with Acting Senior Sergeant Greg Wilson & Senior Sergeant Aaron McKeown in the Area Leadership Team's office.

such as lighting, tagging and graffiti. We have also been working with Tag Out Trust and Auckland Council on this issue and it's going well," she says.

Acting Senior Sergeant Wilson says creating safer communities by preventing crime in the area, and in turn ensuring everyone feels safe wherever they live, work and visit, is a team effort.

"We also need everyone to do their part and report offences and suspicious behaviour or anything of concern to us, so we can respond accordingly. Remember, if you see anything suspicious in your neighbourhood, please contact us on 111 or call 105 if it has already happened."

"If you see us out an about in the community as well, don't hesitate to come and say hello," says Greg and Negin.

Black background Photography by LFHQ Studios.

ACCOMMODATION SPECIAL RATES FOR BUSINESS ASSOCIATION MEMBERS

2020/2021 Group and Corporate
rates available now.

QUEST
HENDERSON

Airpoints



12 Wadier Place, Henderson +64 9 839 7247
www.questhenderson.co.nz



All direct
bookings attract
Air New Zealand
Airpoints

We're from over the fence, not from over the ditch.

Your Locally Owned and Operated Weber Stockists



Weber
Baby Q 1000 BBQ
Titanium (also available in black)
239457

\$399

BBQ Season is upon us

\$569 **Weber**
Q 2000 BBQ
Titanium (also available in black)
318399



Prepare in style with Weber



Weber
Q 3100 LP BBQ
Titanium (also available in black)
239459

\$949

\$19⁹⁵



Weber
Q Cleaner 500ml
219693



Weber
Premium
BBQ Covers

Starting from \$34⁹⁵

Weber
Half
Hot Plates



Starting from \$69⁹⁵



Mitre 10 MEGA Westgate & Henderson
Northside Drive & Lincoln Road
Monday to Friday: 7am - 7pm
Weekends: 8am - 6pm



MEGAWestgate
MEGAHenderson

MITRE 10
MEGA

**WESTGATE &
HENDERSON**

GETTING IT DONE!!

With Mitre 10 MEGA Henderson & Westgate

With the effects of COVID-19 on local businesses becoming more apparent, the owners of Mitre 10 MEGA Westgate and Henderson are continuing to highlight the local businesses within our community that partner with their stores.

The aim for store owners Dave and Elaine Hargreaves is to provide our local Tradies with a 'message board' for their names, contact details and websites. "We are committed to our trade customers, their businesses and our wider community" says Dave.

"They're a large part of the lifeblood of our business, and we really want to acknowledge them."

While the lockdown may seem like a distant memory for some, Dave understands many local businesses are still feeling the effects of it, and may be for some time. "I think this is another one of the ways that we are able to give back to the community and businesses we service."

"We are continually being asked for trade contacts by our customers, so we thought this would be a great forum to promote such sectors" says Elaine. "While we continue to receive such great support from our local trade partners, we will always continue to reciprocate this as much as possible."



Dave & Elaine Hargreaves, owners of Mitre 10 MEGA Henderson & Westgate. Photography by LFHQ Studios.

TRADIE'S CORNER

**Rick Hassett
Builders**

Building/Reno
P: 0800 990 069
W: rhb.co.nz
E: rick@rhb.co.nz

**Certa
Construction**

Building/Reno
M: 021 205 6661
W: certaconstruction.co.nz
E: sharn@certaconstruction.co.nz

Future Trade

Kitchen and Bathroom
M: 021 379 233
W: futuretrade.co.nz
E: reuben@futuretrade.co.nz

iCreate Building

Building/Reno
M: 021 795 647
W: icreatebuilding.nz
E: info@icreatebuilding.nz

Earth Impressions

Landscaping
M: 021 434 674
W: earthimpressions.co.nz
E: info@earthimpressions.co.nz

**Norwest Property
Services**

Property Maintenance
M: 021 616 490
W: norwestpropertyservices.co.nz
E: matt@norwestpropertyservices.co.nz

**Steve Charleston
Builders**

Building/Reno
M: 021 152 9589
E: scharlestonbuilders@gmail.com

**Protech
Construction**

Building/Reno
M: 021 882 541
W: protechconstruction.nz
E: jyeoman56@gmail.com

Ideal Buildings

Sheds/Garaging
M: 022 466 7890
E: Ashley.berry@
idealbuildings.co.nz

2020 REBOOT

Loading....

On the road to success.

BUSINESS ADVISORY PARTNERSHIP WITH CPHBA

Are you passionate about your work? Do you walk into the workplace with a spring in your step and a clear sense of direction? If the answer to these questions is no, then it's worth having a chat to business adviser and West Aucklander, Jon Brough.

There's not much Jon doesn't know about business. His impressive 40-year career includes spells at corporates like Goodman Fielder and Foodstuffs as well as starting and running his own small businesses.



Being passionate about helping business owners succeed, Jon explained to WEst magazine, "Success isn't just about being number one, It's about making sure the company is achieving for you what you want."

A resident of Titirangi, Jon has plenty of local knowledge and connections. And as a small business owner himself, he knows all about the pressures, pitfalls and stresses of running an enterprise.

The truth is for many business owners caught up in the day-to-day grind, it can be hard to step back. Life's just too busy to take a good look at where you're at, and more importantly, where you want to be.

Jon's knowledge, expertise and objectivity can help you find that sense of direction. And he can help you draw up a road map of how to get there.

Perhaps you are a start-up, or an established business looking for a re-energised strategic direction. Or maybe you are planning to sell the company and want to maximise your opportunities. Whatever the case, Jon provides the fresh perspective and challenge you need.

UPCOMING - CPHBA to deliver Post C-19 PLANNING DEVELOPMENT sessions for SMEs.

Also covering the sector strategy of awareness, what assistance is available to business.



MEETING THE FUTURE NEEDS OF KIWI BUSINESSES TODAY.

With over 17 years of business partnership experience, Laurent is here to help your business stay one step ahead.

To find out how Laurent can help, call him today on 027 285 7818 or email laurent.ball@asb.co.nz

ASB

ONE STEP AHEAD

ASB Bank Limited 56180 19835 0519



Jon's sole focus is West Auckland, 'I love working with people,' says Jon. 'And I enjoy helping to make people's dreams a reality.'

'If you have a well-run business and are satisfied with your work, then great. If not, then I can help ensure the company is working for you on a professional and personal level.'

Every business is different and so if you are interested in finding out more, get in touch for a chat. There's no charge for an exploratory conversation.

Jon's enthusiasm is undoubtedly infectious, and his knowledge and expertise are second to none. So, if you have that nagging sense of dissatisfaction about how your business is going, then it might be worth talking to Jon about the possibilities.

Working alongside Central Park Henderson Business,

Jon is keen to assist our business community with structured business planning in the post-Covid environment.

Many of our SME's understand they need help but think they can't afford it - HELP IS AVAILABLE!

CPHBA will be running introductory forums with Jon in the coming months specifically aimed at our SME's. Topics will include; Strategic Planning, Risk Assessment, 'SMART goals' Succession or Selling, Available Grants, Business Advisory Fund etc.

These forums are open to all West Auckland business owners.

If you would like to join one, please email us at garry@cphb.org.nz.



SHOP LOCAL

Local Business and Manufacturers employ local people

Can't find it locally? Ask us....
westaucklandbusiness.co.nz

Central Park Henderson Business

Support your West Auckland community.



Highwire ELECTRICAL

INTEGRITY | HONESTY | VALUE

P. 0508 44 44 94 E. INFO@HIGHWIRE.NET.NZ W. HIGHWIRE.NET.NZ

COMMERCIAL DESIGN
HOUSE REWIRING
NEW BUILD
LIGHTING
HVAC
HOT WATER
ALARMS
AV/TV
DATA
AVAILABLE 24/7



NOW is the time to Sell, Buy or Invest!

Ray White Universal is unique in many ways – not only being the largest office in Australasia, but it houses a rapidly growing group of specialists who work hard together in order to find the best solution to your property needs. So, what is happening to the market right now?

Experts who have been commenting on the property market are now clearly divided. Where in previous times they have been generally speculating in the negative, there is now a clear change in their sentiment based on the data that is coming across the nation and they have now acknowledged on a number of levels that there is stability in the market and a heightened level of activity. So, in saying that, there is a number of simple messages:

NOW is a great time to sell!

Strong buyer demand and less properties on the market to choose from means favourable selling conditions for vendors. This year it is much harder to look at the past to predict the future. The reality is that this is not a normal year, nor a normal property market cycle. While some homeowners would like to wait until what they perceive is the traditional selling season of spring, the fact remains that there are many unknowns in the wider economy. The current market activity could provide the best opportunity to sell, right now.

NOW is a great time to buy!

With interest rates at all-time lows and with banks being supportive of residential home buyers, we are seeing many purchasers wanting to take advantage of these factors. Obtaining secure credit on excellent terms while they are available is certainly influencing demand. This is not only the case with first home buyers but across all sectors of the market, which have also been helped by the easing of LVR restrictions for the short-term. Fortunately, we continue to see confidence in buyers with job security working in industries not materially impacted by the current economic environment.

NOW is a great time to invest!

When we look at commitments of the various market sectors there is no doubt that the investment market is active given yields continue to remain positive for those who have properties in the rental pool. One of the more important confidence indicators is the new commitment from first home buyers to the market. First-time buyers actually out borrowed investors which is only the second time that this has happened since August 2014. The change in all LVR restrictions have assisted first-time buyers coming into the market as has the low interest rates.

So whether you are looking to SELL, BUY or INVEST, your first port of call is to chat to the Loan Market team. Get your ducks in a row, then speak to any one of the Ray White Universal specialists. They are your one-stop-shop and always happy to assist you!

So...
What are you waiting for?

Loan Market

Make the right call.
Get a Loan Market adviser working for you.

Logan Reardon
Mortgage Adviser
M: 021 777 688
logan.reardon@loanmarket.co.nz



THE COMPLETE REAL ESTATE EXPERIENCE

RayWhite



RESIDENTIAL



COMMERCIAL



PROPERTY
MANAGEMENT



ASSET
MANAGEMENT



FINANCIAL
SOLUTIONS

Bringing the best of the best together for you,
so we can provide an overall experience and help you
understand all your options before making a decision.

WHATEVER YOUR NEED IS, WE HAVE THE SOLUTION!

Ray White Universal

197 Universal Drive, Henderson
(09) 869 9000
rwuniversal.co.nz



UNIVERSAL
REALTY

Ray White Universal Realty Licensed (REAA 2008)

WELLBEING OVER THE WINTER

Over the winter, it's not uncommon to come down with a cold or the flu. We also now have COVID-19 to be aware of. A cold is usually a mild illness, but the flu and COVID-19 can be serious, so it is good to know the difference.

What is the difference between a cold, the flu and Covid-19?

	A COLD	INFLUENZA (THE FLU)	COVID-19
Description	Mild illness lasting 1–2 weeks. Some symptoms, such as a cough, may continue for a few weeks.	Moderate to severe illness with sudden onset of symptoms lasting 7–10 days. The cough and tiredness can last for weeks after the rest of the illness is over.	Symptoms of Covid-19 are similar to a range of other respiratory illnesses that are much more common, such as colds or the flu.
Symptoms	Early signs include: A sore throat, sneezing, running nose, mild fever. Even though you may feel tired or have aches, most symptoms are above the neck. Muscle pain is uncommon. Mild headache. Sometimes a cough.	Sudden onset of: Fever, (usually high, 38–40 degrees Celsius), shivering, muscle aches, debilitating tiredness, headache (may be severe) Dry cough may become moist. Bed rest is necessary.	Symptoms of COVID-19 include: A cough, A high temperature (at least 38 °C), Shortness of breath, A sore throat, Sneezing and runny nose, Temporary loss of smell.
Possible Complications	Sinus congestion Ear infection	Bronchitis Pneumonia – can be life-threatening	Difficulty breathing is a sign of possible pneumonia and requires immediate medical attention.

Phone your medical clinic for advice if you:

- Are not getting better
- Are pregnant
- Have diabetes or a health condition affecting your breathing, heart, or immune system
- Are aged 65 or older
- Have a sore throat and are Māori or Pasifika aged 3–35 years
- If you have cold or flu symptoms and would like to be tested for COVID-19
- Are concerned or not sure what to do.



Family Centre & Women's Health
Minor Surgery Theatre Onsite
Allied Health Professionals
Hair Loss Treatments
Blood Tests




A quality and affordable Medical Centre providing the best of care to improve the health and wellbeing to all our patients.

WestCity Waitakere (lower level), 7 Catherine Street, Henderson P: 09 5539 588 E: info@wimc.co.nz W: wimc.co.nz



YOUR MONTHLY CHECKLIST:

with Kings Plant Barn.

August – Late winter; The days are slowly starting to get longer as spring creeps into the garden once more, meaning that seedlings are beginning to take off again in mid and late August. There is much to do to prepare for your spring garden!

Lawn

- In late August you can start to give your yard a little mow
- Tidy up the edges of your lawn that are against paths and driveways
- Start looking at different lawn seed for spring sowing

Veggies

- Plan out your spring garden now
- Continue to use Quash for slugs and snails
- Sow spring seed now, including peas, beans, lettuce, celery, broccoli, cauliflower
- Plant your potatoes now
- Start feeding your veggies regularly from mid-August
- Grow tomatoes and chilli from seed inside before transplanting them in September
- It may still be too early to plant basil, instead plant parsley, coriander, thyme, and mint now

Fruit

- Don't forget to buy your deciduous fruit trees now
- Spray once last time with liquid copper before budburst to help lessen the effects of shothole and leaf curl
- If you are going to start grafting or espalier your fruit trees, do this in late August to mid-September

Flowers

- Deadhead pansies and viola
- Early spring bulbs will now be flowering – cut and gift to a friend or family member!
- Plant your early summer bulbs now
- Continue to feed with Kings Dried Blood, and Blood & Bone

Trees & Shrubs

- Mulch your roses well and give a final spray of liquid copper before bud burst
- Take away any camellia flowers on the ground, as these can be slippery when left to rot on the ground

Indoor Plants

- You can start to repot your plants at the end of this month
- Turn your plants if they have been stretching towards the light
- Carry on feeding with half-strength fertiliser until spring

General Tasks

- Start thinking about making your own compost bin if you have the room – they are easy to start now!
- Weeds will soon be popping up everywhere – get rid of the small weeds before they get out of hand
- Put up wasp traps as queens begin to come out of hibernation

Seedlings, Violas & Potatoes



Speak to your local

Garden Experts

Visit your local **Kings Plant Barn** for a huge range of top quality plants, plus expert advice to help bring your garden ideas to life!

KINGS PLANT BARN | 224 UNIVERSAL DRIVE, HENDERSON
OPEN 7 DAYS | 0800 PLANTS | kings.co.nz



TROPICAL ISLAND ESCAPES

Cook Islands

With helloworld Travel Henderson

With the depths of winter upon us, do you wish that you could be overseas somewhere warm right now? Offshore holidays will have to wait a little longer, but that doesn't stop you from dreaming and planning.

We hope that borders will open to a hand-picked selection of Pacific Islands very soon. With pent-up demand we expect flights and accommodation options to fill quickly, so register your interest with us then we can keep you up to date with changes to border restrictions and help plan your dream island getaway. The islands rely on our tourist dollars as their main income, so planning a holiday to one of these wonderful tropical islands will benefit both you and the locals.

Cook Islands

The Cook Islands is proudly Covid Free and a stunning holiday destination to visit. Made up of 15 Islands, the two frequented by tourists are Rarotonga and Aitutaki. Each Island is surrounded by marine reserves, about

50 nautical miles of each island and no building is allowed to be taller than a coconut tree.

Rarotonga is the main island. It takes 45 minutes to circumnavigate the Island on the local bus. You will find a great selection of restaurants to suit any palette. Muri Beachside is considered the best beach for snorkelling and family friendly for swimming. Accommodation options include - intimate and child-free for couples; Resorts for families; or self-contained villa-style for larger families and groups.

Add a trip to Aitutaki for the ultimate Cook Islands



Plantation Island Fiji

CUSTOM ECU REMAPPING EXPERTS

IMPROVE THE PERFORMANCE OF YOUR VEHICLE TODAY



- INCREASED POWER OUTPUT
- ENHANCED TORQUE DELIVERY
- IMPROVED THROTTLE RESPONSE
- FULL WARRANTY COVER WITH 30 DAY SATISFACTION GUARANTEE

f /NZPERFORMANCETUNING

5d Paramount Drive, Henderson, Auckland. P: 09 837 5252

NZPERFORMANCETUNING.CO.NZ

**NZ PERFORMANCE
TUNING**





Muri Lagoon Rarotonga

experience. Only a 40-minute flight from Rarotonga, this island is great for a romantic getaway (children not permitted at most resorts). Here you will find some of the clearest waters on the planet.

Vanuatu

Vanuatu also has no reported cases of Covid and is looking forward to welcoming tourists back. The locals here are reputed to be the happiest and friendliest people in the Pacific. Vanuatu is renowned for its snorkeling and diving; lush tropical forests and you can even visit an active volcano.

Samoa

Known for its warm, friendly culture and beautiful scenery, and also with no recorded cases of Covid, Samoa could be your next Island getaway. For a unique adventure in Samoa, take a dip in the swimming holes that surround 'Togitogiga Falls'.



Musket Cove

Fiji

You will feel yourself unwinding a little more each day in Fiji. Slow your pace to 'island time' and enjoy simply being in the moment. Fiji is the ultimate destination for families, with incredible wildlife, stunning beaches, and a huge range of adventure activities.

Support our local business by booking your next holiday with the travel experts at Helloworld Travel Henderson.



Rarotonga



TROPICAL PARADISE

South Pacific holiday packages available to Rarotonga, Samoa, Vanuatu, and Fiji.

Your local Travel Professionals at Helloworld Travel Henderson have expert knowledge of all Australia and South Pacific travel products.

helloworld Travel Henderson



WestCity Waitakere, Catherine St Plaza



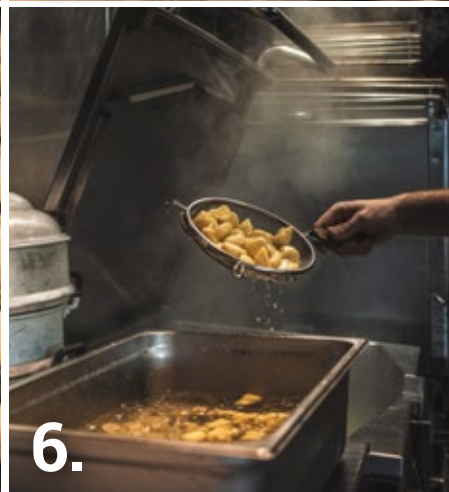
henderson@helloworld.co.nz



09 839 0371

helloworld
TRAVEL
THE TRAVEL PROFESSIONALS

GNOCCHI PREPARATION



WINE MATCH - Babich Wines BLACK LABEL range Hawke's Bay Syrah.

This deep coloured Syrah is produced from a special selection of grapes grown in the Bridge Pa Triangle region of Hawke's Bay. The peppery aroma and strong berry fruit flavours are characteristic of this variety.

REVIEW - "Fresh and supple, it is medium-bodied, with vibrant berry, plum and black pepper flavours, a hint of tamarillo, and a slightly nutty, smooth finish. Enjoyable young."— Michael Cooper

THE ORIGINAL
Aussie



B U T C H E R HENDERSON

The Original Aussie Butcher
New Zealand owned - trading since 1984

The Aussie Butcher's company policy is to sell
fresh Pork, Beef, Lamb and Chicken of NZ origin only.



Come visit us at: 8 Pioneer Street, Henderson
P: 09 838 9118 W: theaussiebutcher.com



Mon - Wednesday: 7am - 5.30pm | Thursday - Friday 7am - 6pm | Saturday: 7am - 5.30pm | Sunday: 7am - 5pm





THE GROUNDS
MODERN FAMILY EATERY

POTATO GNOCCHI WITH MARINARA SAUCE AND FRESH MOZZARELLA

MAKES 5 PORTIONS

Ingredients:

Gnocchi:

- 1.3kg Raw Agria potato (washed)
- 300g '00' Flour
- 1 Egg
- 3 Yolks
- 100g Grated Parmesan
- Salt, pepper, pinch of grated nutmeg

Marinara sauce

- 900g Chopped tomato (tinned)
- 200g Fine diced onion
- 50g Minced garlic
- 150ml Extra virgin olive oil
- Fresh basil to finish



Recipe by Head Chef, Conner Jay

Method:

Gnocchi:

1. Bake potatoes at 200C until cooked through.
2. Slice in a half and scoop out the inside of the potato.
3. Put the baked potato through a potato ricer or mash it. Allow it to cool down slightly.
4. Mix in egg, yolks, parmesan, flour, salt, pepper, and nutmeg.
5. Knead the dough lightly.
6. Roll pieces of dough into ropes of about 2cm in diameter.
7. With a sharp knife cut ropes into 2cm squares.
8. Blanch gnocchi in boiling salted water until they raise to surface
9. Once they surface, cook for about 1 minute, then strain and refresh in ice water until cold and set.

Marinara sauce

1. Heat up the oil in a large pan.
2. Add onions and garlic
3. Gently sauté until soft. Or fry until golden for extra flavour
4. Add tomatoes and cook the sauce until desired consistency. Not too thick.
5. Season with salt and pepper.

Final preparation

Heat up Marinara sauce & add cooked gnocchi into it. Make sure the gnocchi is heated through. Add fresh basil and sliced or torn mozzarella. Finish with freshly grated parmesan.

Experience

THE TASTE OF BABICH WINES.
VISIT OUR CELLAR DOOR



*Discount can't be used on already discounted products or any non-wine products such as merchandise, cheese boards or non-alcoholic beverages. Can be used instore or on the online store. Offer applies to members of Central Park Henderson Business and their staff.



15 Babich Road, Henderson Valley, Auckland
<https://www.babichwines.com/shop/>

Bu-Mac ENGINEERING

- Precision Engineering
- Breakdowns and Repairs
- CNC Machining
- Fabrication

Bu-mac provides business with end-to-end solutions that includes Project design, Manufacture, Quality checks and Installation.

If you need a product manufactured or fabricated, please ask us for a quote.



Drag car parachute bracket
manufactured at Bu-Mac Engineering

6 Corban Ave, Henderson Email: james@bumac.co.nz Ph: (09) 836 4417 W: bumac.co.nz



For Quality Print & Service

Brochures ■ Books ■ Business Cards
Packaging ■ Posters ■ Flyers ■ Folders ■ Corflutes
Labels and anything printed on paper or card.



ph: 09 377 4882 sales@pressprint.co.nz www.pressprint.co.nz



DOES YOUR BUSINESS HAVE A SECURITY PLAN?

The Covid-19 pandemic has brought into sharp focus the need for businesses to be prepared. The nationwide lockdown highlighted that operational continuity should be a concern for all companies and not just big corporates.

Your organisation may well have a business continuity plan and a health and safety plan, but do you have a security plan?

When it comes to security, often there's a significant overlap between all these different plans. After all, security is an essential component of business continuity and health and safety. However, without a dedicated security plan, security does not always receive the attention it should do.

This could mean your businesses is left vulnerable and exposed.

Crime continues to be an issue in New Zealand. The latest Police statistics confirm this with an overall 6.6% increase in recorded crimes on last year:

- Theft and related offences are up by 5.6%
- Burglary offences have increased by 4.6%.

Why security is vital for every business owner.

As well as reducing the potential for crime, having robust security systems in place is essential for every business. Keeping staff, customers and visitors safe while on your premises should be a priority. Furthermore, physical security will help you:

- Prevent unauthorised people from accessing your premises, equipment, and assets

- Maintain the trust and confidence of your staff, customers, and those you work with.

The government has outlined its expectations for managing personnel, physical and information security. Binding on government departments, the Protective Security Requirements (PSR) provide a best practice framework for the private sector.

Packed full of useful information and resources, it's worth checking out the PSR website at www.protectivesecurity.govt.nz. The site includes checklists and self-assessment tools so you can measure your security performance against the framework.

If, however, your business is only starting to think about a security plan, then here are some critical areas to consider.

1. Do I have an alarm system?
2. Is it monitored?
3. When was the last time it was serviced?
4. Is the system still working correctly?
5. If the alarm activates, who responds?
6. If something happens to the business overnight, do we have recovery systems in place so we can still be operational the next day?

Although these may seem like simple questions, they can easily be overlooked during the day-to-day running of your business. Working through the answers will help kick-start the security planning process in your organisation to ensure your business is protected.



General Security Services Ltd
 199C Lincoln Road, Henderson
 W: GeneralSecurity.co.nz
 E: info@GeneralSecurity.co.nz
 P: 0800 436 732



General Security offers a Professional Service with a depth of experience at the leading edge of the NZ security industry. Services include Rapid Alarm Response for your Business, Property or Home.

ALARM RESPONSE - MOBILE PATROLS - UNIFORMED GUARDS - MONITORING - EVENTS - STATIC - 7 DAYS & NIGHTS

THE GOOD HOME LINCOLN ROAD IS GOOD FOR BUSINESS

There's a lot to be said for escaping the office every once in a while. An off-site team meeting held in a great location can renew and re-energise. And conducting business negotiations over a barista-made cappuccino is more conducive to a successful outcome than the backroom office.

In need of some time out from the office ourselves, we went to check out the Good Home gastropub on Lincoln Road.

Situated on the corner of Lincoln Road and Te Pai Place, the Good Home is in a fantastic spot within easy access of the motorway. Its prominent location makes the Good Home an excellent choice for meeting up with out-of-town clients or suppliers. And there's always plenty of parking available.



We visited on a Tuesday lunchtime, and a warm welcome greeted us on arrival. The vibe is casual and relaxed – just like a home from home.

With a good mix of classic Kiwi favourites including burgers, ribs and fish and chips, the menu offers plenty of choices including small plates and platters designed for sharing. And it's great to see a wide range of options for vegetarians, vegans and gluten-free diners.

To accompany your meal is an extensive selection of top New Zealand wines, spirits, tap and bottled beers as well as low and non-alcohol options.

We told our waiter that we were short on time, and our vegetarian sharing platter arrived without delay. Beautifully presented and delicious tasting, the platter



certainly hit the spot. The ultra-crispy polenta chips were a personal standout!

The Good Home is undoubtedly an excellent choice for a shared team lunch, client entertaining or a special work event. The venue offers free Wi-Fi while a flexible layout means there are lots of different spaces available. Select from the whisky lounge for a quiet one-on-one or small group meeting. Or the snug area for a larger product launch, team meeting or training seminar. Catering is available for all options from coffee and a muffin through to buffet-style finger food or sit-down meals.

The gastropub is also within walking distance of the Lincoln Green Hotel and The Trusts Arena. And it's the official home of the Northern Mystics netball team. With spot prizes and exclusive offers available for Mystics fans, the Good Home is the place to be for the netball-mad, or for some corporate entertainment.

Christmas is fast approaching, and the Good Home is a versatile choice for any staff celebration. From a seated dinner to a cocktail reception, the friendly team will deliver a customised event.

So, next time you need to get out of the office for a meeting or work function, then head on down to the Good Home. And you'll discover the Good Home is indeed good for business.

The Good Home
A: 159 Lincoln Road, Henderson.
P: 09-839 2481
W: thegoodhomelincoln.co.nz.



COMMUNITY CHARITIES STRUGGLING TO PAY POWER & RENT

Large numbers of community groups are struggling to meet basic operating costs including power bills, PPE, and water rates according to new figures.

New funding application data shows the average amount of funding sought by Auckland charities to cover their current overheads is almost \$8,000. The figures also reveal that operating expenses were higher among community & wellbeing groups as well as environmental & arts charities.

Over 100 charities who have seen a significant increase in demand for their services and are struggling to meet their operating costs as a result of COVID-19, will now receive a share of more than \$500,000 - thanks to a new emergency fund.

The diverse range of community organisations which operate in the Auckland region have applied for a grant from The Trusts Your West Support Fund to cover a wide range of expenses.

Trusts CEO Allan Pollard says the high volume of funding requests received in July suggests many local charities are struggling to stay afloat.

"We know that the pandemic has had a significant impact on the normal income streams of community groups.

"These are organisations providing blankets, food and support services to the most vulnerable members of our community.

"What was particularly concerning to see was that many of these organisations have asked for help to cover their fundamental operating needs such as power, internet & rent.

"For many of these groups, this funding will be an essential lifeline to help them continue to support their community in a post-COVID environment," he says.

Pollard says the requests for support exceeded more than \$1.1million and cover a wide range of organisations including food charities, whanau-based support, elderly and youth support services, hospice as well as environmental and sporting groups.



Middle School West Auckland

FREE
uniform & stationery

Small class
sizes
max 15:1

- Boys and girls, years 7-10
- Individualised learning programme
- Integrated Project Based Curriculum©
- Excellent preparation for Year 11 entry
- Christian values and philosophy
- Success for all students (of all abilities)
- Academic Excellence
- Te Reo Bilingual Campus

CONTACT US:
09 972 1744
westauckland.school.nz

287-289 Lincoln Rd & 22-24 Waipareira Ave, Henderson



Pathway to Opportunity



WEST CITY MITSUBISHI

BA5 Sponsor West City Auto Group (WCAG) have exciting developments, and July marked a significant milestone for West City with the signs coming down on their Holden sales showroom at Central Park Drive.

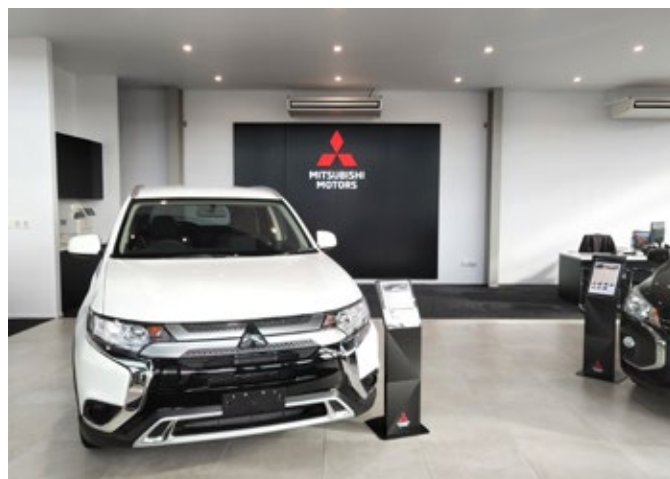
The Group is proud of their association with General Motors Holden and the 26-year tenure as Holden Dealers for the West & Northwest region. However, with the news in February of Holden's withdrawal from Australasia it was only a matter of time before ceasing their sales operation.

WCAG will however, continue as Holden Parts and Service representatives at their New Parts & Service Centre located at Soljan Drive.



As one era ends, the Business embarks on another, and are pleased to announce their commencement as Mitsubishi Motors Dealer for the West/Northwest. An exciting opportunity with this rapidly growing brand that has been synonymous with the NZ Auto Industry for more than 50 years.

Mitsubishi offers a range of vehicles that include small cars like Mirage. SUV's in the ASX, Eclipse and Outlander and a full range of Triton ute's along with a range of Hybrid vehicles. Later this year their first Mitsubishi Express Vans will be available. The Express Van shows the future direction of Mitsubishi with



5 Airbags, Cruise Control, Hill Start Assist and Rear Parking Sensors all as standard on a surprising well-priced vehicle.

With the New Mitsubishi Showroom now open in Central Park Drive, and full Parts & Service Support at their New Soljan Drive Parts and Service Centre, the Dealership can look after your total Mitsubishi vehicle requirements.

Having opened the Westgate Kia and Suzuki Dealership in late 2017, WCAG will complete planned facilities upgrades with a New Kia Sales area in Central Park Drive. Work is already underway and on completion at the end of 2020. By this time, the Group will have some of the most up to date automotive facilities in the country.

WEST CITY MITSUBISHI
A: 132 Central Park Drive, Henderson
P: 09 837 0907



WE'RE YOUR COMPANY CAR & FLEET SPECIALISTS

At KAAR, we appreciate the inefficiencies of managing your company's vehicles. We know that if the company vehicle is unavailable it's certainly unproductive.

Wondering what constitutes a fleet? Call KAAR now and ask! 0800 522 734



PROBLEMS YOU MAY HAVE FACED SERVICING THE COMPANY CAR

- ✗ Dropping off and picking up, takes two of your team.
- ✗ Company sales calls, deliveries & pickups may be impacted.
- ✗ Excessive Admin, multiple suppliers (brands)
- ✗ Costs – one rule for all (drivers independently managing service routines)
- ✗ Dilemma of who to call when a vehicle has broken down.

SOLUTIONS KAAR CAN PROVIDE FOR YOU

- ✓ Gain control - negotiate your service agreement and fleet rate!
- ✓ KAAR is approved by lease companies.
- ✓ KAAR provides free pickup and delivery.
- ✓ KAAR can assist with Free Loan vehicles; Cars or Vans.
- ✓ KAAR has a Mobile Service available, which includes Breakdowns.
- ✓ KAAR's Fleet rate applies to your staff!

Contact kelvin@kaar.co.nz to book an appointment and become part of the KAAR-munity.

KAAR

Find us at: KAAR Avondale 357 Rosebank Road | KAAR Mitsubishi 14 Te Pai Place | KAAR Henderson 5B Waipareira Ave

Touaregs are on the move from \$89,990*

5 YEAR WARRANTY



For a limited time. Only on Volkswagen Touareg V6 Models

Now from \$89,990 with 0% interest, 50% deposit and 50% next year* Test drive today one at Tristram European West Auckland.

*This finance offer is available on all new Volkswagen V6 Touareg models**. You pay a 50% deposit and enter into a credit agreement over 12 months at a fixed annual interest rate of 0% p.a with the remaining 50% of the Vehicle Price*** paid at the end of the 12 months. A \$275.00 establishment fee and \$8 security registration fee apply. Offer is only available through Volkswagen Finance & is subject to its lending criteria. The offer is only available until 31 December 2020 or while stocks last and is not valid in conjunction with any other offer. **Limited stock on the Touareg V6S variant. ***Vehicle Price is either the vehicle maximum retail price (MRP) or maximum sale price (MSP) plus on-road costs of \$1,500, establishment fee and security registration fee



Tristram European West Auckland

33 Soljan Drive, Henderson Tel. 09 553 9370
www.tristramvolkswagen.co.nz



WESTCITY GIFT CARD

Give the gift of choice.

A WestCity gift card is the perfect gift, reward or incentive. Gift cards are available from the Customer Service Desk and can be loaded with any amount from \$10 - \$999. The gift cards can be used at any participating store within WestCity - so there's something to please everyone.

www.west-city.co.nz

WestCity
WAITAKERE

+64 9 978 6700
7 Catherine Street,
Henderson, Auckland