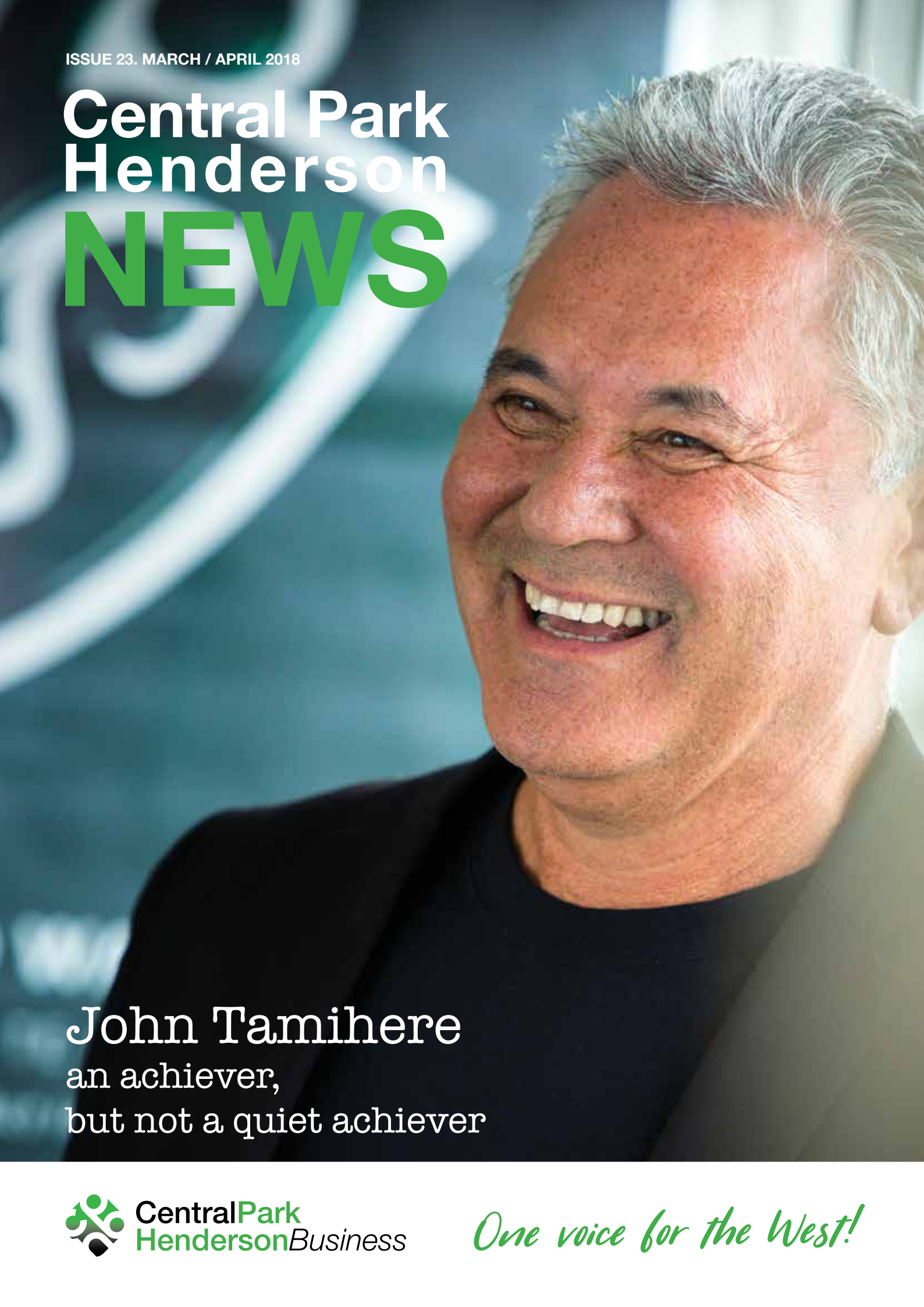


ISSUE 23. MARCH / APRIL 2018

Central Park Henderson NEWS

A close-up portrait of John Tamihere, a middle-aged man with grey hair, smiling warmly. He is wearing a dark blue t-shirt under a grey blazer. The background is blurred, showing what appears to be a large screen or wall with some abstract patterns.

John Tamihere
an achiever,
but not a quiet achiever



ENVIRONMENTAL CONTAMINATION

New Asbestos regulations require...

Commercial property owners to complete surveys of their buildings to determine whether any asbestos is present, and if so whether any of it is friable, by April 2018.

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Waitakere Central Office Park, 2-4 Henderson Valley Road, Henderson

FROM THE TOP



John Schipper,
Chairman

- Annual Strategic Plan under development
- Upcoming CPHB - AGM 11 April
- The 'Skipper' moving on

They always say that an accident happens fast and can come without warning, that's exactly what happened to me a few weeks ago while traveling south on State Highway 16. A truck in front of me lost a hammer off the back of it and it slammed into my windscreen! I have never felt so vulnerable driving before. My options were veer left and hit the bank, or right and slam into oncoming traffic, thankfully I managed to pull up, scary as though, in how quickly accidents can happen and you have absolutely no control over your fate! Truck drivers - SECURE your loads!

I DO NOT WANT to be my own customer just yet!

CPHB Board is pleased to announce that on 11 April we will be holding our AGM. This will be held at Davis Funerals, 150 Central Park Drive from 5pm and aiming for a 5.30pm start. You will have received an invitation and agenda by now, so please make the effort to come along, there is ample parking.

With the AGM your Board would like to present its Draft Annual Strategic Plan. We have made progress in updating the Constitution and will move to adopt this. We will have an election of committee members; this is a poignant time to say that I shall step down as Chair after 3 years, due to work commitments. It's been an absolute honour to serve our Business Community. The

Association has gone from strength to strength, and grown from 30 members to 160, and we have some major issues in the not too distant future such as the Lincoln Rd Upgrade.

I'd like to take this opportunity to thank the Board, Tim, Lawrence, Nicole, Kelvin, Nick, Danielle, Lesa and Garry (business development), for your hard work, contribution, and dedication. It's not easy fitting the running of an Association around your own business. Exciting times ahead, and I fully believe we have the best people on this Board to assist in getting the best for our members.

To Mike Gibson and the RBA Board, many thanks for your foresight and vision for taking us to the point where we can stand on our own two feet.

I had the honour of being sworn in as a Justice of the Peace on 12th February by Judge Philippa Cunningham in her Chambers. If you require anything done by a JP don't hesitate to give me a call.

Thank you to all of our members, it's truly been an honour and a privilege to serve.

John Schipper, Chair CPBA

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<p>ALL NEW EQUINOX LT DEMO</p> <p>188kw & 353nm of peak torque from 2500-4500rpm, 9 speed automatic, and 0-100km/h in under 7 seconds. These figures should belong to a sports car, but now you can enjoy breathtaking performance from a family SUV!</p> <p>5 star ANCAP safety rating, 3y/100,000km Holden Complete Care Warranty & Free Certified Scheduled Servicing.</p> <p>\$39,990</p> <p>3 Years Free Service</p>	<p>FROM \$69 PER WEEK NO DEPOSIT FINANCE</p> <p>Have a brilliant summer in a brand new Suzuki with no deposit finance across a range of Suzuki vehicles. Get a shiny new Celerio from just \$69 per week, a dazzling new Swift from \$69 per week, or a fresh new Vitara from \$19 per week - all with no deposit and 2.9% finance over 5 years. Grab your sunnies and see your Suzuki dealer today.</p>	<p>NEW Kia Niro Hybrid - Here Now</p> <p>2018 Kia Niro - The compact urban SUV Hybrid. Impressive fuel economy, innovative technology, better performance.</p> <p>Special introductory offer EX Niro from \$34,990</p>	
<p>NEW ZB Commodore VXR</p> <p>3.6i V6 with 9 speed Transmission, All wheel drive, 2100kg tow rating, 4yr/60,000kms Smartbuy with \$10% deposit & Guaranteed Future Value of \$21,745.65*.</p> <p>\$259 per week GST inc</p> <p>\$67,990 +ORC</p> <p><small>*Smartbuy, at the end of the term, you can choose to keep the car by paying the Guaranteed Future Value, trade it in on a replacement vehicle, or return it (subject to certain conditions and excess charges). Please talk to West City Holden for further details. Lending Criteria, terms and conditions and fees apply. This includes an establishment fee of \$290, and a PPSR fee of \$10. Interest will be calculated at a fixed annual rate of 9.95%. Offer not available in conjunction with any other offer. Holden Financial Services is a division of Heartland Bank. ORC of \$300 which includes Pre-Delivery Inspection, WOT, Wheels Alignment, Moat, Full Tank Fuel & Initial registration.</small></p>	<p>Swift Sport Turbo 1.4L</p> <p>The all new sports hatch, meaner and faster with a 1.4L booster jet engine. The aggressive front grill, dual exhaust pipe, advance safety with lane departure warning, weaving alert & collision alert, 6 JL/100km, 17" alloys, Satnav, apple carplay and android auto.</p> <p>6 Awesome colours</p> <p>\$28,500 +ORC</p> <p><small>Weekly payments based on nil deposit, 3.9% p.a. interest rate and 5 year term. Payments include on-road costs, a \$369 documentation fee and \$10.35 PPSR fee. Offer ends 31 March 2018. Excludes SV-R models, \$ Cross Prestige, fleet purchases, demo & Pre-Registered vehicles and all other promotions. Normal lending and credit criteria apply. Real Value 3 year/100,000 km comprehensive warranty, 5 year/100,000 km powertrain warranty, PLUS a full 5 year roadside assistance plan.</small></p>	<p>ALL NEW 2018 Kia Stinger 3.3 GT Sport</p> <p>\$69,990 +ORC</p> <p>4yrs / 40,000 kms service plan included.</p> <p>OR 4yr Finance with 10% deposit & final balloon payment of \$24,500: \$279 per week GST inc</p> <p><small>Lending Criteria, terms and conditions and fees apply. This includes an establishment fee of \$290, and a PPSR fee of \$10. Interest will be calculated at a fixed annual rate of 9.95%. Offer not available in conjunction with any other offer.</small></p>	
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Photography by LFHQ Studios



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'The Goods' from Garry

Garry Bates,
Business Development Manager



Have you considered alternative uses for vacant carparks? For this event the Falls carpark on Alderman Drive will be transformed into an open-air cinema for

local families to enjoy. With food trucks, entertainment and a jazzed-up journey along the Twin Streams cycleway - grab your friends and family, jump on your bikes

HENDERSON

BIG SCREEN

CUISINE

PRESENTING **RATATOUILLE**

What: Viewing of Ratatouille, food trucks, entertainment

Where: Corner of Alderman Dr and Edmonton Rd, Henderson

When: Saturday 14 April, 4pm-8.30pm (movie starts at 6pm)

Cost: FREE

and join us for a great night (the movie Ratatouille starts at 6pm).

This event is part of EcoWest Festival 2018, more than 100 events across West Auckland. For all events, see www.ecowest.org.nz.

'WAYIN'

Central Park Henderson Business (CPHB) announces the launch of a new initiative, **WAYIN (West Auckland Youth IN - to employment)** We expect to begin rollout in May with a series of articles in CPH News.

Some key deliverables are: working to support young people 16-24yrs into employment opportunities and support businesses to engage and employ young people, (including entry-level job opportunities)

Member schools already have a great record with Gateway, our current successes could be further enhanced with pathways into local companies, especially across the trades. Also, the programme allows us to survey and gather information with business leaders

to provide data and context on current and trending job vacancies.

Building on the success, strengths, outcomes and learnings from JobFest West, key stakeholders have been identified to progress and mobilise local employer efforts; inform local youth on employment initiatives, capture updated relevant data, inform on gaps, needs and centralise / capture feedback and learnings.

A digital platform, which has been under development, and supported by the Tindall Foundation, is dedicated to improving youth employment in the West. This is a unique learning and recruitment platform designed specifically to help young people with limited experience and qualifications, to begin their careers, will be part of this rollout. This tool is also designed for business to log

employment opportunities on a dedicated portal, to our local youth.

In March we met with CEO (Jeffery Wallace) & Vice President (Corey Matthews) of 'LeadersUp' a California based Youth Employment Transitional Support organisation, to workshop ongoing strategies to progress this with our members and West Business.

They were in NZ to conduct a review for Youth Connections and philanthropic funders for future functionality. This was a fruitful meeting which gave impetus to the fact, that we are on the 'right track' not only from the local accept, but from an international viewpoint.

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Revitalised shopping centre rebranded as The Boundary

A vibrant and relaxed modern shopping destination

A landmark West Auckland shopping destination is currently being revitalised with new branding, refurbished shared spaces and an abundance of new greenery to reflect the area's rugged natural beauty.

The former Waitakere Mega Centre in Henderson is rebranded as The Boundary – a name chosen to reflect its special location between the bustle of the city and the lush, wild greenery of the Waitakere Ranges.

Anchored by Kmart, Briscoes and Rebel Sport along with Kathmandu, the open-air shopping precinct was purchased by a South Island-based property syndicate in 2015.

The owners have appointed Colliers International to manage The Boundary and oversee their ambitious plans to transform it into a vibrant and relaxed modern shopping destination.

Colliers International Real Estate Management National Director Richard James says The Boundary aims to blur the lines between its retail spaces and the surrounding natural environment.

"The Boundary will be a nature-infused retail space with lush planting that draws a connection between the parks, streams and green belt that surround the development," he says.

"It's the sort of place where shopping, dining, work and play are all done in a typically relaxed, West Coast kind of way. It's everybody's local."

James says the transformation will take place in stages, with works



completing shortly on a refurbished Kmart lobby, replacement of the lift with a new glazed elevator, upgraded external seating areas and a refurbished car park.

"The covered car park's lighting is being upgraded and a new travelator being installed, which will improve connectivity and ease of access to the centre.

"In the longer term, we're also planning extensive new planting and landscaping, new improved signage, new canopies, and improved traffic flows around the centre, along with an enhanced food offering that embraces latest trends.

"The Boundary is all about providing the best possible experience for the local community, so we'll listen closely to feedback throughout the transformation process."

James says The Boundary is well positioned only a short walk from the Henderson town centre, Waitakere Hospital, and Henderson train station.

It offers 23 speciality shops, including national brands Ballentynes, St Pierre's and Lighting Direct, over a net lettable area of 18,027sqm.

More than 800 car parks with three hours of free parking are available.

Colliers International's Real Estate Management team is New Zealand's largest independent property management and consultancy group.

It draws on global resources and expertise to manage a diverse range of property portfolios, from large multi-tenanted retail and commercial holdings through to smaller individual properties.

The team has more than 160 real estate management professionals and has won RICS New Zealand Property Awards every year since 2013.



Nick Thompson | Business Partner
North West Auckland | BNZ Partners

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Business Profile

The Drug Detection Agency (TDDA)

Staff safety in the workplace is paramount, and The Drug Detection Agency (TDDA) is the complete solution provider for all workplace drug and alcohol management.

Recent changes to the Health & Safety at Work Act mean the onus is now strongly on employers and Directors to ensure their working environments are safe - and this is where TDDA's knowledge and expertise can help.

TDDA was founded in 2005 to provide a specialised service to companies for workplace drug and alcohol testing, it is now nationwide and in Australia too. Other of our services include writing policies, pre-employment drug testing, staff and management training, and house and car methamphetamine ('P') testing.

TDDA North Harbour has an office in central Henderson and also in Mairangi Bay on the North Shore. Drug and alcohol testing is done at the office and onsite at workplaces using TDDA's specialised vans, it also offers a 24-hour call out service for clients.

Gary Howarth took over TDDA North Harbour just over two years ago. A former NZ Police Officer, investigator, and security & risk consultant, the move to the drug testing industry is a rewarding role and challenge that Gary is enjoying.



Gary Howarth

TDDA has 24 offices in New Zealand that are independently accredited by IANZ under ISO 15189, making TDDA the only truly nationally accredited on-site drug and alcohol testing provider in the country.

The team offers superior methodology, an adaptable attitude, people who genuinely care about what they do and this is all teamed with internationally recognised standards of quality and best practice.

The TDDA team is very knowledgeable

about the illicit drug industry and its negative effects on employees in the workplace and the wider community they live in. With more than 10 years of operation TDDA has established an excellent reputation with its clients by offering world-class services.

TDDA cares about the community; the working community as well as the wider community and teams with clients to help create a safer workplace, which in turn means a better community.

**The Drug Detection Agency (TDDA),
Henderson Office, 22E Te Pai Place**

Phone: 09 835 2918

Email: nh.operations@tdda.com, Web: tdda.com

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**CALL us 24/7 on 0508 DRUGTEST
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**North Shore Office
44M Constellation Drive
09 909 6657**



A restored, refreshed, classic 1957 Ford Fairlane.

It's considered a poster-child for EVs.

Mercury has used Kiwi ingenuity to convert a gas-guzzling 1957 Ford Fairlane to plug-in electric.

"This car is the true embodiment of energy freedom, and a symbol of our escape from fossil fuel reliance," Mercury chief executive Fraser Whineray says.

"To have everyone enjoying emission-free vehicles would be wonderful for our country."

Mercury has long promoted the rational benefits of EVs to New Zealanders. At the equivalent of 30c a litre compared with petrol, and delivering 2000kgs of annual reductions in carbon emissions, households could halve their energy costs and significantly reduce their environmental impact by having an EV, it says.

"EVs have always been an easy decision for the head," Whineray says. "They're a practical, economical, clean and quiet alternative to fossil-fuel powered cars. Now it's time to capture people's hearts."

Whineray says converting a classic like this is the perfect way to get people to see how wonderful EVs are. "We've kept the original beauty of the car, and added a newer, cleaner engine that's strong and powerful but just happens to run on electricity. It's given the car a new lease on life."

Mercury will use the car to continue to showcase the opportunity New Zealand has with renewable electricity powering our transport. "We've been showing Kiwis how much fun electric bikes can be, now we want to do the same with EVs," Whineray says.

"We have all the key ingredients needed to electrify transport; one of the best renewable electricity systems on the planet and a raft of already-consented renewable projects in the pipeline.

"If we raised our sights beyond renewable electricity targets to our overall renewable energy use, including transport, New Zealand could make some serious cuts in overall emissions."

Whineray says any renewable electricity target in New Zealand is not bold enough, even at 100%. "Only 40% of our overall energy consumption is currently from renewable sources. That's what we need to work on, and by doing so we can leave the rest of the world in the rear-view mirror."

Mercury called on home-grown experts based in Dunedin, Hamilton and Auckland to manage the conversion of the car, christened 'Evie'. "It's a labour of love, and we hope it's going to help Kiwis be as excited about EVs as we are," Whineray says.

Evie will feature in a series of ads and billboards, and on social media, telling the story of living life to the full with an EV.



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EVs close to 8000 target

New Zealand's EV fleet size is closing in quickly on this year's 8000 target, reaching 6884 in February.

All light EV registrations for the month were 281, compared with 230 for February last year, latest Ministry of Transport figures show. It was just 62 in February 2016.

Used light pure electric vehicles continue to lead the field, with 3664 recorded in

February 2018 - up 172 on the previous month.

New light 'pure electrics' reached 1358 in February, up 30 on January.

Close behind are new light 'plug-in hybrids' on 1292 - 63 more than January and used light plug-in hybrids are further back on 491 - 13 more than last month.

Heavy EVs have barely moved, up two on

January at 79.

New Zealand has a goal of reaching about 64,000 EVs on the road by the end of 2021, aiming to double the number achieved each year until then.

The target is 8000 by the end of this year and 16,000 by the end of 2019 to achieve the goal, likely to be met much earlier at this rate.

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John Tamihere an achiever, but not a quiet achiever

John Tamihere 'JT' as he's affectionately known - is the head man at Te Whānau o Waipareira - may no longer be a member of the Parliamentary club, but he's still a man on a mission.

Who is fighting for the working poor?

John says Maori and the west Auckland community are facing the same issue today as the one he confronted in 1991 when he was first appointed CEO of Waipareira - "inequality".

The former Labour and Cabinet Minister said successive governments had tried to fix this issue but had failed. And while the stats for Maori are still heading south, the folk uptown were getting richer and the economic divide was now as wide as the Grand Canyon.

"What we've seen over the last 30 years is an erosion of that great Kiwi underwrite, that this is a fair society and that things are being

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handled fairly for all," John said.

"When you are talking about the working poor, you're talking about people that don't have certainty of hours and earnings because of the casualization of Labour.

"So when the unemployment rate is low, that might sound true, but when you look at the quality of income of the jobs for work and the ability to have the old 40-hour week, it's just not true.

"What that does is place pressure on relationships. You are not at home for your babies - and all sorts of other things that can occur then.

"The idea of the great Kiwi family being the major anchor that builds Kiwi society is under duress. Middle-class New Zealanders and those at the top end of town don't suffer the same difficulties.

John entered parliament in 1999. He said the halls of the Beehive can be an aphrodisiac but was really a façade. "Every Kiwi that walks that walk has great aspirations for their community, their country and their people," he said. "People have different ways of wanting to achieve that, so it becomes quite addictive."

The life of an MP - especially a Cabinet Minister - is demanding. "When you are a minister the phone never stops ringing," he said.

"That's why (National Deputy Leader) Paula Bennett is sitting there in North Harbour now not Te Atatu - it's Upper Harbour (said in a posh accent) and her phone is silent. "It's silent because they no longer disperse the largesse of the taxpayer. That's the addictive, seductive nature of politics.



"And that's why Stephen Joyce can't stand sitting in Parliament asking banal questions, going nowhere, because they had a decade to fix it and now have three years just being in opposition trying to work out why they didn't achieve anything. So they leave. They know they can't handle the loss of power."

Back at the helm of Waipareira since 2006 following two terms (1999 to 2005), John is determined to make positive changes. He has already grown Waipareira's balance sheet by 90 per cent, while establishing the west Auckland Urban Maori Authority as a local, national and international benchmark organisation.

Born the 10th of 12 children to a staunch Catholic Irish mum and a labouring Maori dad with strong values and views - in the working class area of Avondale, was that environment that would shape his life. His world evolved around church and the local

rugby league club.

John was also the first in his family to attend university, gaining an Arts and Law Degree.

During those formative years, was also a time of student unrest and Maori activism. That ignited a burning desire within him.

But do you miss the cut and thrust of politics?

"I was in a Labour Party that had been very much seized by the middle-class academics who were well intentioned, but their intentions were 'the only way we can fix poor communities is to make them like us.'"

"Now that might be true, but the tools they use don't communicate, don't connect and don't gauge so all the money and all the programmes go to heaps of bureaucrats who walk around and when their programmes fail, they blame the community for the failure rather than look in the mirror.

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"So when you consistently toe that line and speak up and say 'No, the only way poor folk can lift their heads is for them to be given a greater say in the way they are treated' then all of a sudden you are treated as if you're talking about vouchers. You are pigeon-holed."

John believes the most successful of all West Auckland MPs - in terms of longevity - was Jonathan Hunt. "He was quiet and reserved and he survived by keeping his head down. If he did anything it was by quiet achievement."

Then there's a pause - not theatrical but a definite pause..." Which I am still trying to work on." That's followed by a big laugh.

What's not a joking matter is the issue of fairness and equality.

"One third of Maori is on benefits. So 40 per cent of Maori children, more than likely will live in an impoverished state," he said.

"They will not get formal qualification. They make up the largest number of 16-18-year-olds not in training, employment or education. Where will these kids go? They have to go into criminality - there's no other way to make ends meet."

"So what we are actually setting up is a conveyor belt that feeds the criminal justice system. We need more police, we need more judges and we need more criminal aid lawyers. We need more Corrections people to write up probation reports and we need to build more jails.

"We have the data. Why do we have to watch them progress to a PhD in crime? The girls are now as strong as men folk because it's the nature of the process.



"And these kids are procreating, so what sort of kids are they going to produce?"

Dealing with multiple issues on major fronts can be difficult. So how do you relax John?

"I do multiple caseload management from helping poor families facing a mortgage sale, counselling people who have a family member on life support to cutting a deal for social housing in Waterview," he says.

"Anything to do with humanity is involved in this job and the beauty of it is, you can make a difference - a difference for the better."

Then it's a shake of the hand and John shoves me out the door as moves into dealing with the next crisis. *By Tony Potter*

The advertisement features a dark blue Isuzu D-Max pickup truck parked on a dirt lot at a construction site. The truck's bed is loaded with a large stack of white-wrapped materials. In the background, there are construction materials and a building under construction. The text "TAKE A LOAD OFF." is prominently displayed at the top in large, bold, white letters. Below it, the text "Service your D-Max at Isuzu West Auckland and receive your 15% Tradie discount." is written in a smaller font. Further down, a line of text states: "Plus: All services undertaken between now and May 31 go in the draw to WIN a training session with Dan 'Hangman' Hooker." At the bottom of the advertisement, the "WEST AUCKLAND ISUZU" logo is on the left, and the address "156 Central Park Drive, Henderson | 09 836 1270" is on the right.

TAKE A LOAD OFF.

Service your D-Max at Isuzu West Auckland and receive your 15% Tradie discount.

Plus: All services undertaken between now and May 31 go in the draw to WIN a training session with Dan "Hangman" Hooker.

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WHAT IS ELECTRONIC WASTE?

E-waste is any item that has a wire attached to it, uses batteries or can be plugged into a wall socket. All of these can be recycled.

Ewaste.org.nz have been helping Aucklanders, businesses and the public to recycle their e-waste for more than 8 years, via the Auckland wide community events.

Current events in the West include Henderson (Korean Baptist Church), West Harbour (Westgate Baptist Church) and Titirangi (Green Bay High school).

Over 15,000 vehicles and 30,000 people per year come to our E-day events, and approximately 200 tons of community waste has been saved from Auckland landfills. From PC's to TV's, including the kitchen sink and grandma's glasses, we've seen it all. We pride our relationship with suitably qualified and certified e-waste recycling specialists.

With more than 350 e-waste items accepted, most are free. Commonly charged for items dropped off are old TV's and printers. Both require some extra labour for recycling processes.

Many common household items that are no longer usable, can also be recycled through our community events, like metal kitchen utensils, pots & pans, or clothes airers. We now accept all types of batteries, lamps, bulbs and luminaires for a small change.

New Zealand has fallen behind on E-waste Recycling initiatives. We support Associate Minister for the Environment Hon. Eugenie Sage, and the Ministry in finding sensible solutions for electronic waste. A mandatory or compulsory Product Stewardship is one option, perhaps similar to the Australian model.

Batteries are found in many consumer and commercial items,

and they are one of the upcoming problem products, often thrown into the bin or landfilled. They contain Lead, Zinc Mercury, Lithium, Cadmium and more. Not only all of these metals are harmful to the environment, but also Lithium has the potential risk to cause explosions and fires.

Many companies accept automotive batteries for recycling. However, only one NZ EPA approved company can recycle all other types of batteries - Upcycle, Mt Wellington.

When choosing an e-waste service provider, always check a number of areas. The organisation should be Auckland Council licensed waste contractors, have a Telarc ISO 9001 and 14001 certificate, and follow or be qualified up to AS/NZS 5377:2013

[Collection, storage, transport and treatment of end-of-life electrical and electronic equipment] standards.

Please help us keeping New Zealand green by using properly certified e-waste recyclers.

Our website is the best place for more information.

Ewaste.org.nz

Phone: 09-5802603

Email: info@ewaste.org.nz

Web: ewaste.org.nz/



E-Waste Drop-Off

Drive-Thru Drop-off Events

We aim to increase public awareness on e-waste recycling from our drop-off events.

www.ewaste.org.nz

Please see more event schedules on our website.

7 April [Sat]	Korean Presbyterian Church, Henderson
21 April [Sat]	Selwyn College, Kohimarama
28 April [Sat]	First Presbyterian Church, Papakura
5 May [Sat]	AUT North Shore Campus, Takapuna

NOTE: E-waste drop-offs are only allowed only on event days from 9am to 3pm.

Business Disposal Enquiries? Corporate Recycling Programme?

Ask us for

Free Pickup Services

We are happy to provide free e-waste pickup services to businesses within Auckland region. Corporate Recycling Programme is also available. Contact us to discuss furthermore.

09 580 2603

info@ewaste.org.nz

We only use ISO certified, Council and EPA approved recycler.
Using uncertified e-waste recyclers could jeopardise our ecosystem.
Help us keep New Zealand green!

BUSINESS BRASS TACKS

West Auckland Business Club BA5 - 22 February

A great turnout by the Business Community for 'The future of Henderson' hosting by Panuku Developments, also 'The Kitchen Project'



FREE



**WESTCITY WAITAKERE
SCHOOL HOLIDAY
PROGRAMME**



Join us for two weeks of exciting FREE activities

www.west-city.co.nz

WEEK ONE
Decorate a Jungle Animal
Monday 16 - Friday 20 April
10.00am - 2.30pm
Centre Court, Level 1

WEEK TWO
Make a Native Bird Mask
Monday 23 - Friday 27 April
10.00am - 2.30pm
(Anzac Day 1.00pm - 3.00pm)
Centre Court, Level 1



**7 Catherine Street
Henderson, Auckland
+64 9 978 6700**

NZ King Salmon, miso, cucumber, fennel and butter milk (2 portions)

This recipe would suit any cooking technique for salmon. Salmon baked, steamed, poached or grilled. Even raw or lightly cured. The amount of miso can be increased or reduced based on your personal preference.

2 x 100 g portions of King salmon (cooked in your favourite way)

Method:

1. Make the dressing by blending buttermilk, miso, mayonnaise and ginger together.

Sieve and reserve.

2. For the pickle, bring all the ingredients to the boil. Lightly chill and add cucumber, apple. Pickle at least 2 hours before serving. Can be done the night before and stored in the fridge.

For the Pickled Salad:

- 1 Small cucumber (peeled and diced into 1cm cubes)
- 1 Green apple (peeled and diced into 1cm cubes)

Garnish:

- 150g Finely sliced fennel
- 100g Watercress

To serve:

Put the salmon on the plate. Drizzle buttermilk/miso dressing over it. In the mixing bowl, combine drained pickled apple and cucumber, fennel and watercress. Dress with a little olive oil and adjust seasoning. Arrange the salad on top or around salmon. Finish with a grating of fresh horseradish or few radish slices.



MIKE SHATURA
HEAD CHEF

THE GROUNDS

DRESSING:

- 500ml Buttermilk
- 75g White miso paste
- 100g Basic mayonnaise
- 20g Ginger

PICKLING LIQUID FOR APPLES AND CUCUMBER

- 100ml Rice vinegar
- 100ml Water
- 80g White sugar
- 50g Dill
- 5g Mustard seeds
- 5g Coriander seeds

WINE MATCH – BABICH ‘CLASSICS’ HAWKE’S BAY CHARDONNAY. Available at the cellar door

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Saturday 10am to 5pm. Sunday closed.

